FITTING INSTRUCTIONS: TR 7 & 8 CASTOR BLOCKS

- On flat firm/solid surface raise the front of the car and support securely
- Remove the bolts & nylocs securing the anti roll bar brackets to the subframe (and anything else if fitted)
- If fitted, slacked and slide inwards the anti roll bar clamps.

For both sides:

- The Castor blocks bolt between the antiroll bar mount and the subframe with the AR bar clamp holes forward of the block to subframe holes.
- Renew the anti roll bar bushes, poly preferred.
- Attach the castor block to the subframe, 8mm hex cap heads, 35 lbs ft torque.
- Lube the AR bush on the bar and on the clamp sides, place on the AR bar.
- Now attach the original AR brackets to the castor block.
- Before tightening check the AR bar is central side to side. If it is not then the bushes in the lower arms may be worn.
- Tighten to 30 lbs ft torque.
- If clamps were fitted, refit; if they were not consider fitting them, they will improve the car even more.

Lower the car, settle the suspension and check / adjust the tracking.

